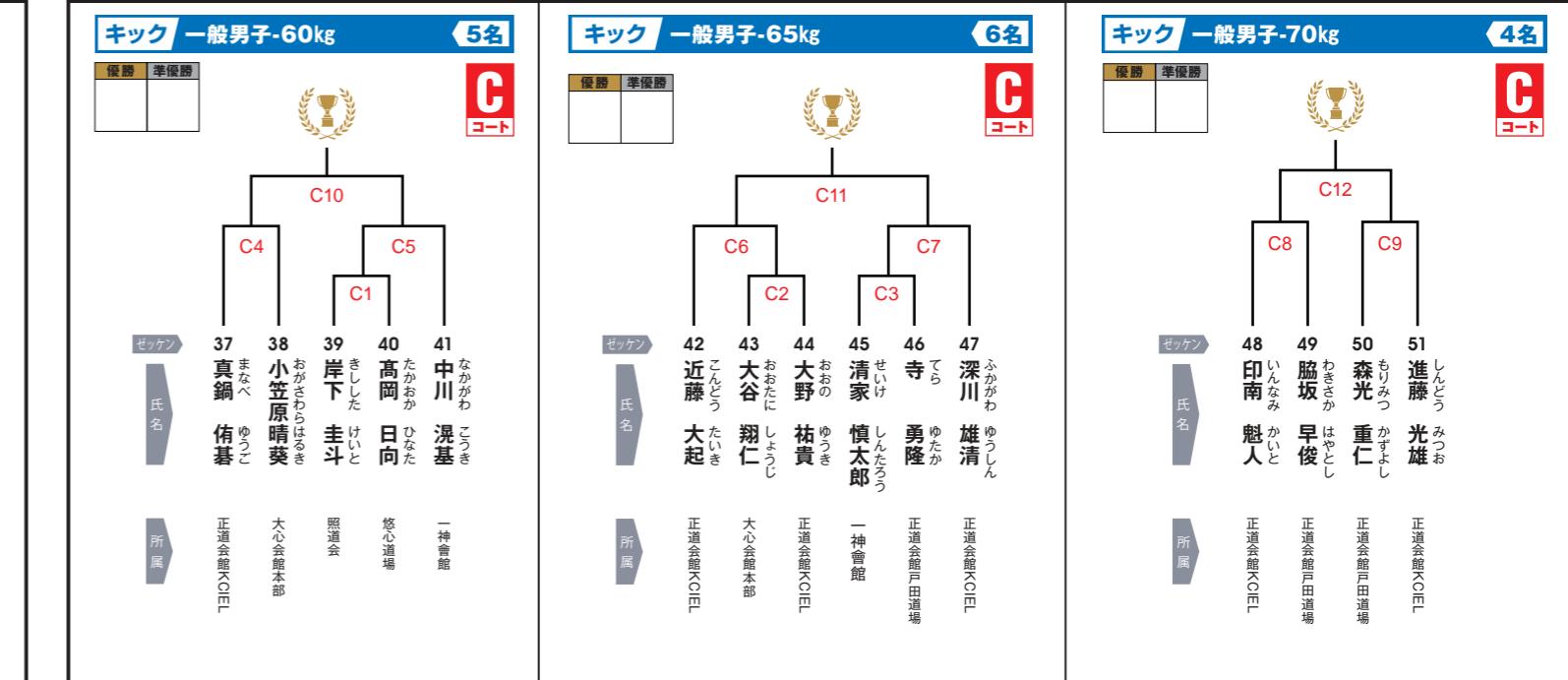
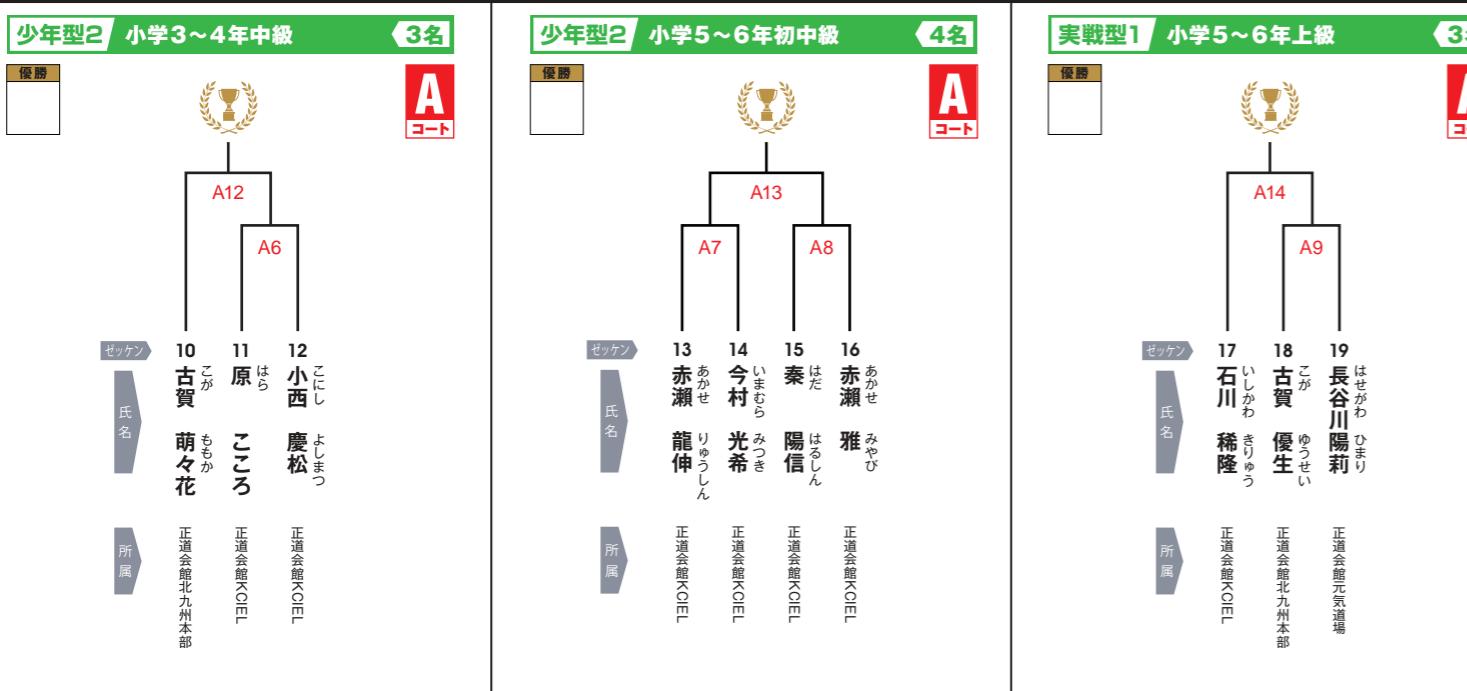
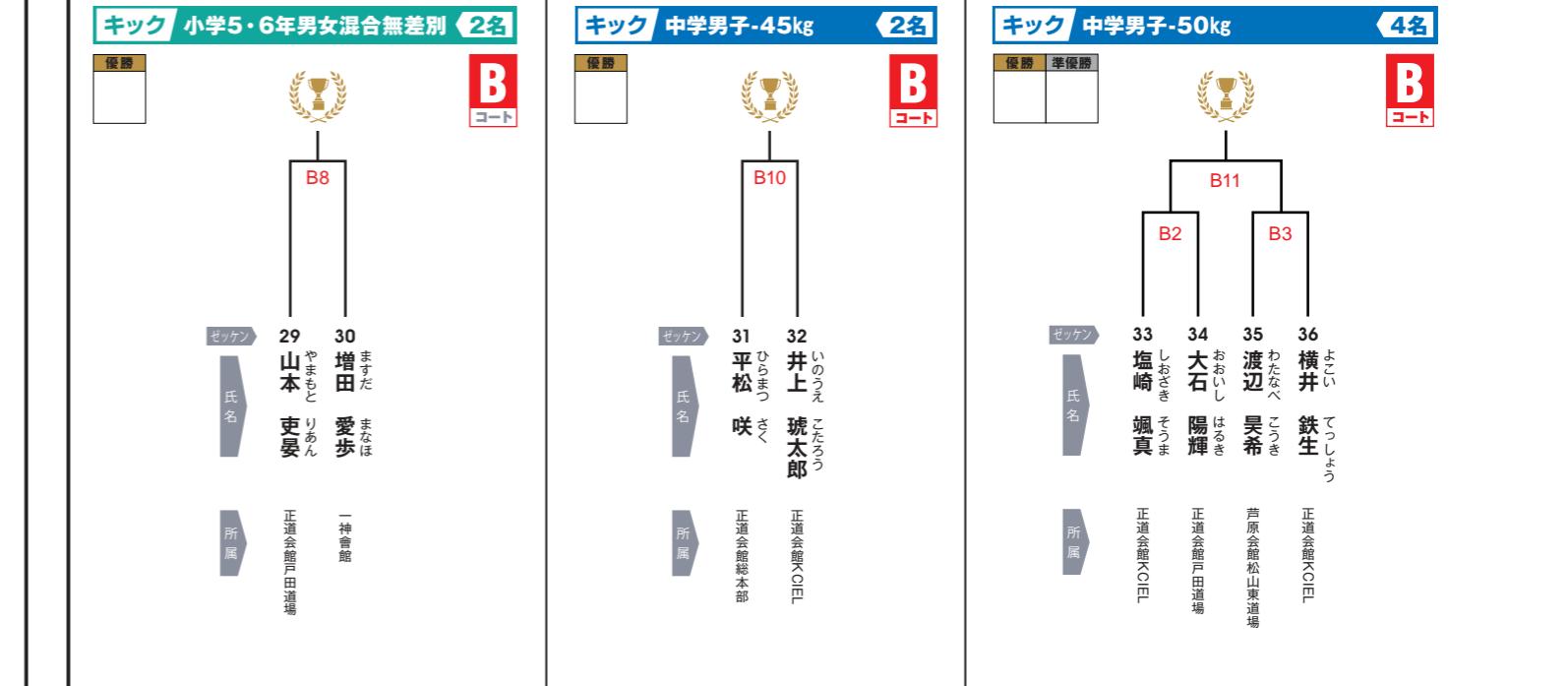
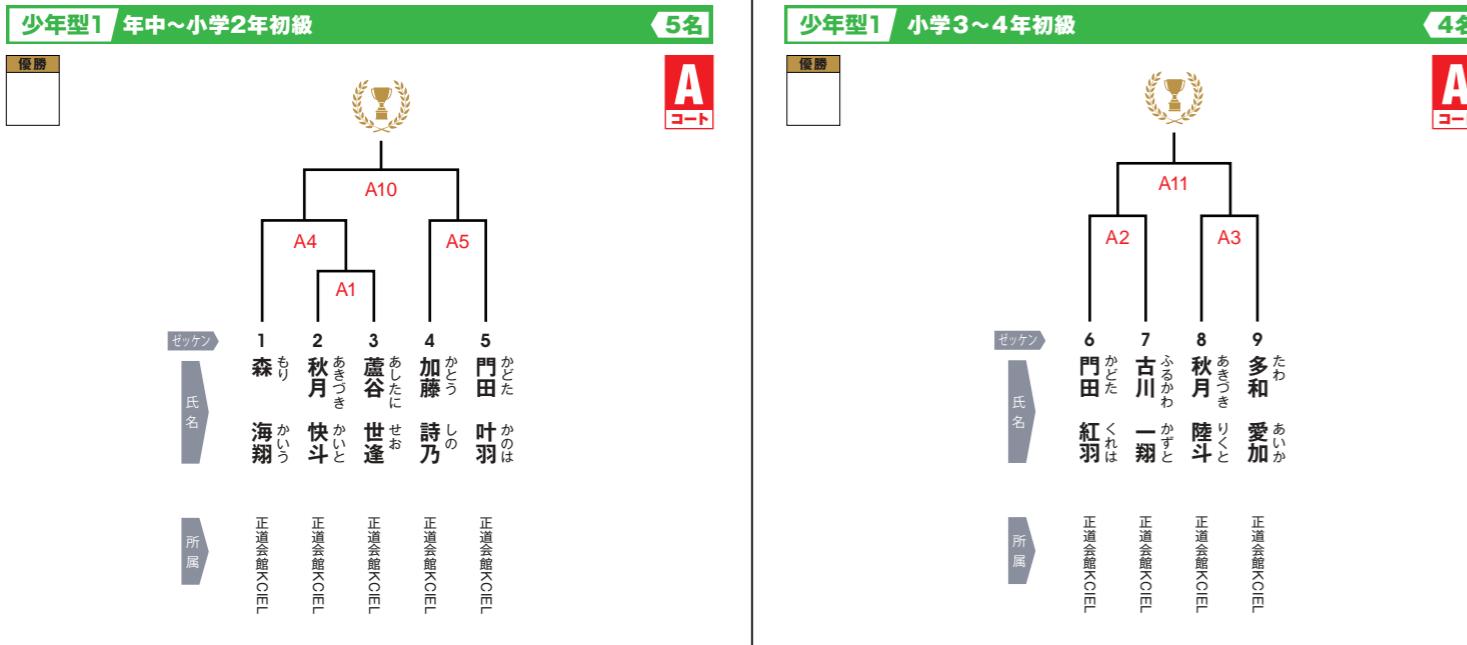
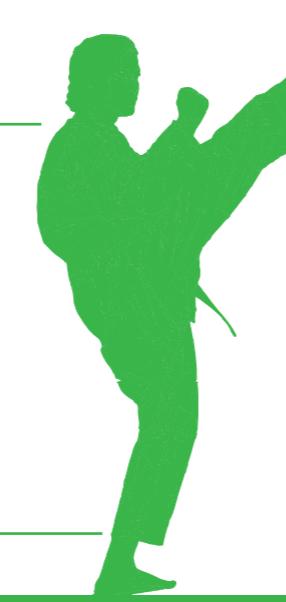


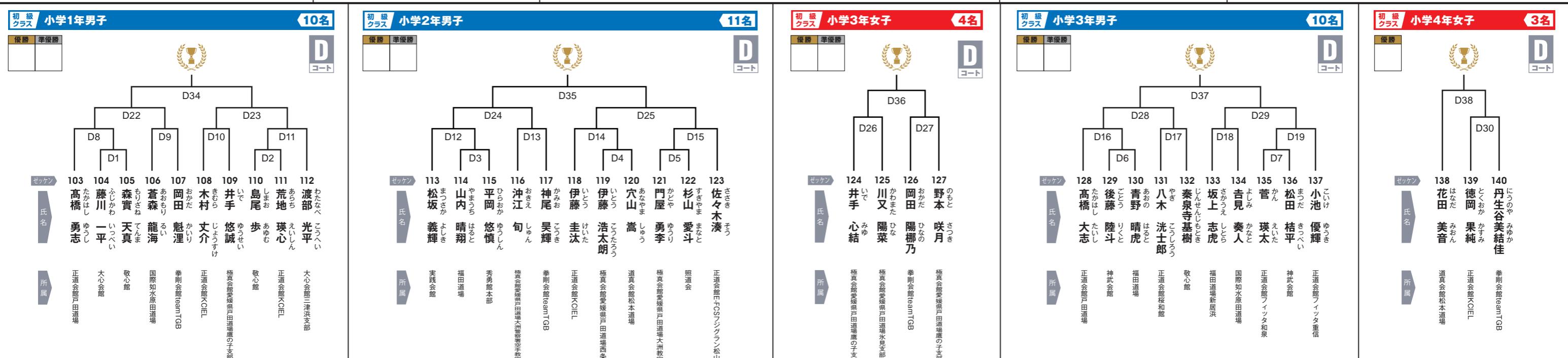
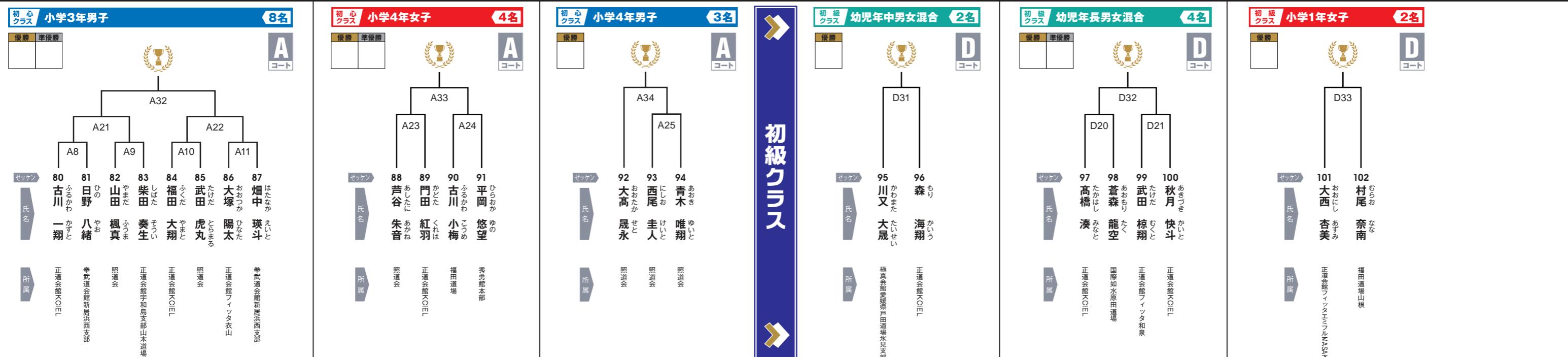
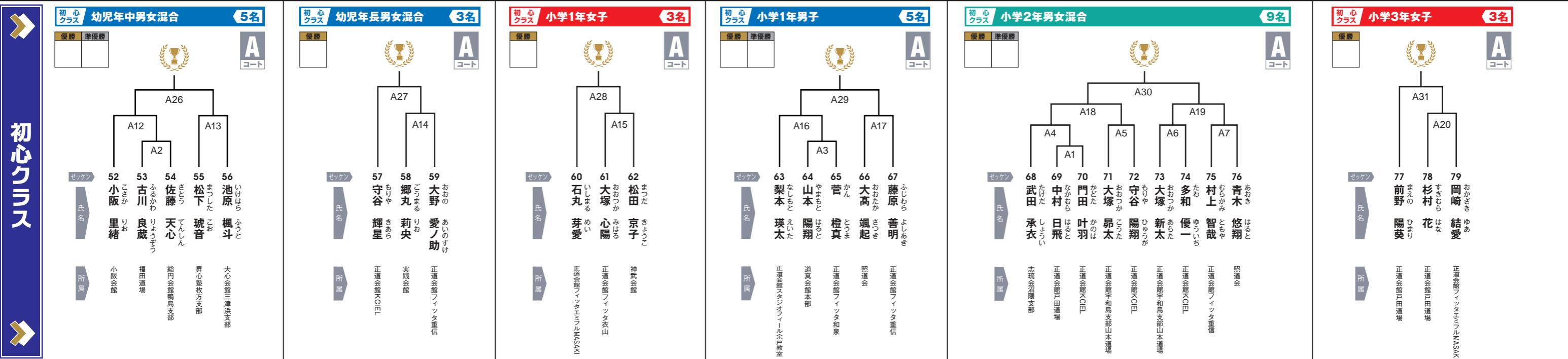
型試合

[型試合採点ポイント]

- ①演武線と正中線がずれない
- ②終了時、開始線に戻ってくる
- ③前屈、後屈、騎馬立ち等の立ち方を正しく行う
- ④残心を取る
- ⑤技の緩急、呼吸と動作の一一致
- ⑥姿勢の統一、目線
- ⑦立ち振る舞い(礼儀作法)

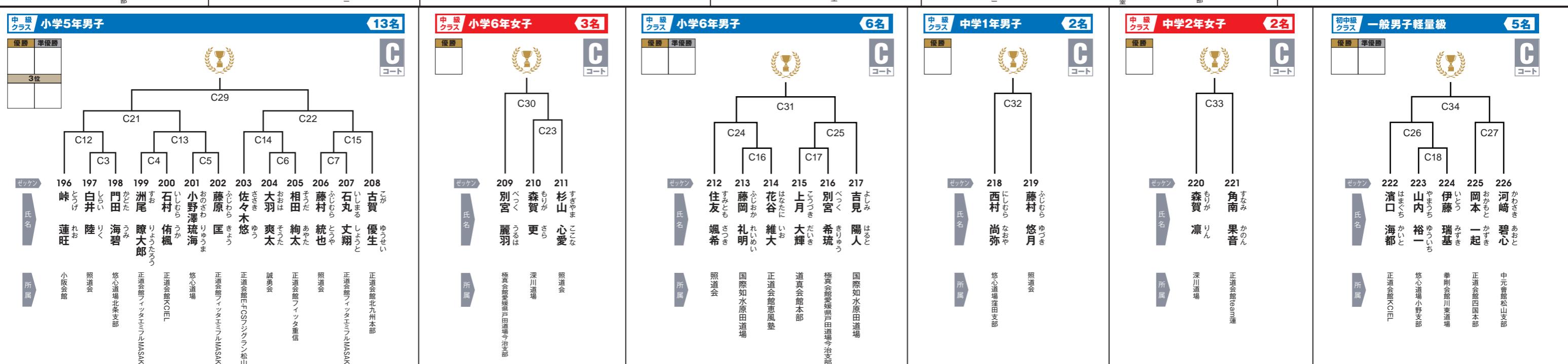
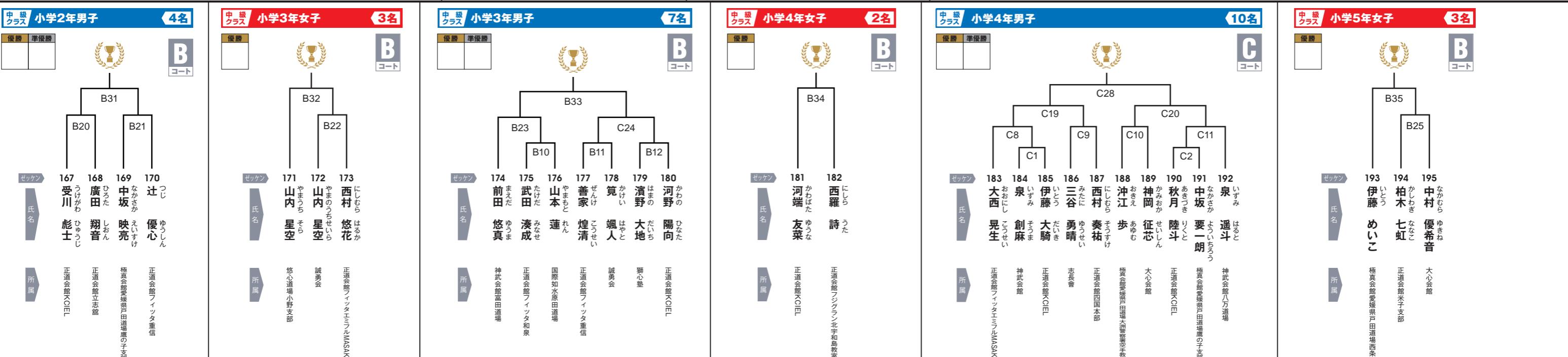
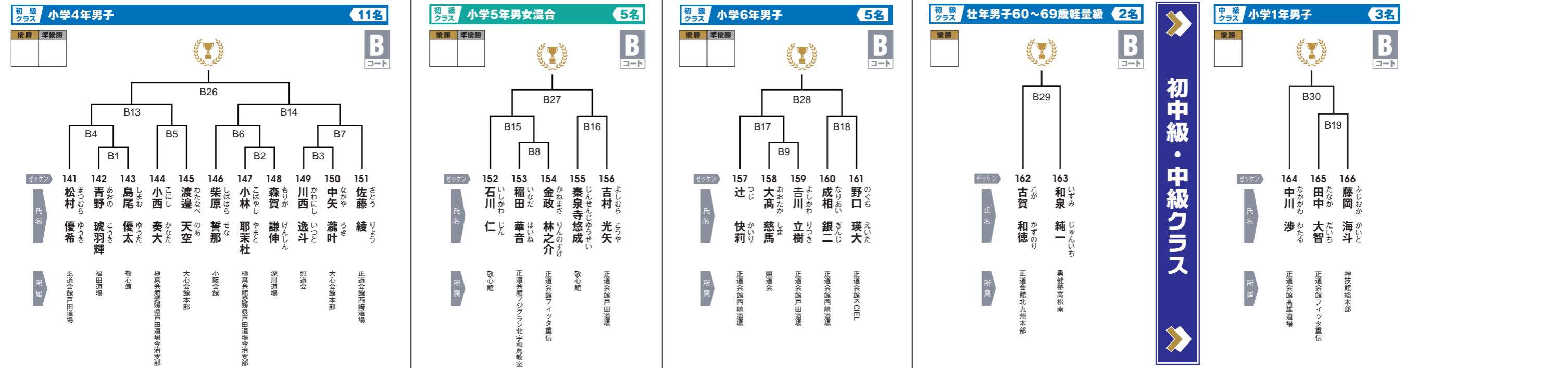


初心クラス

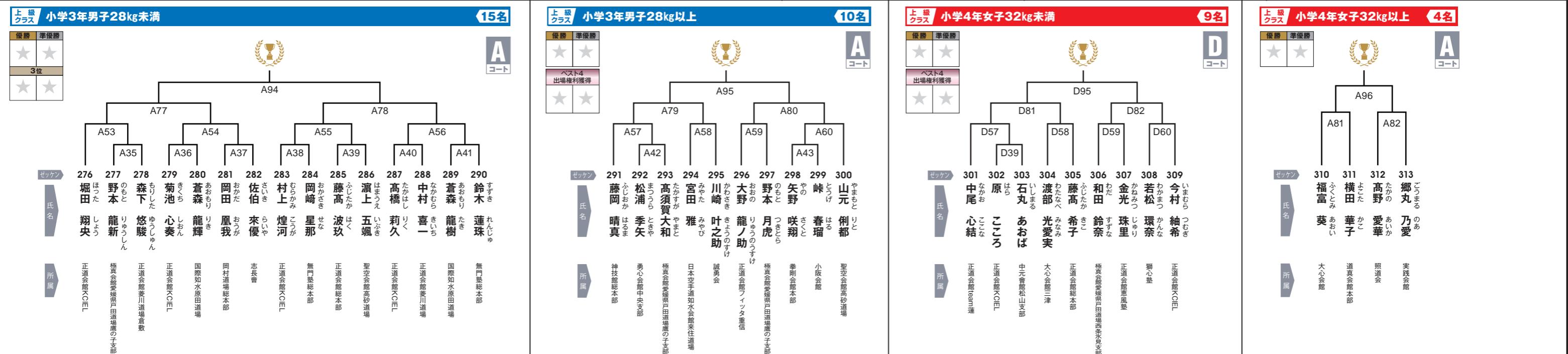
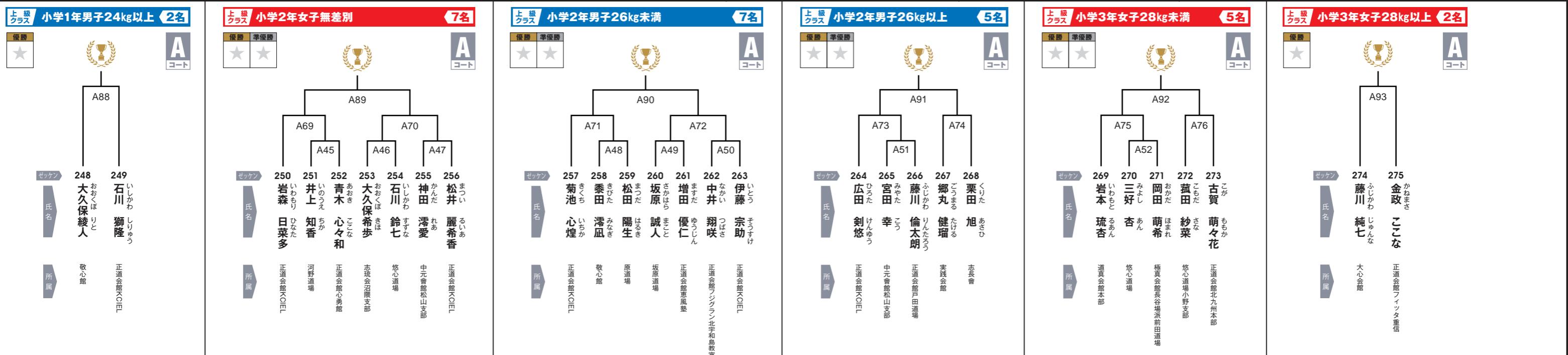
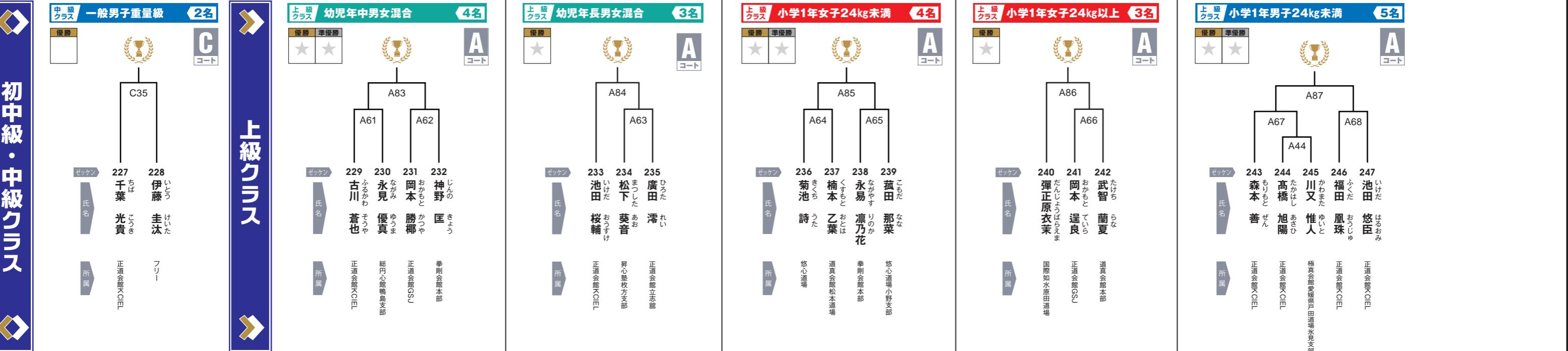


初級クラス

初級クラス

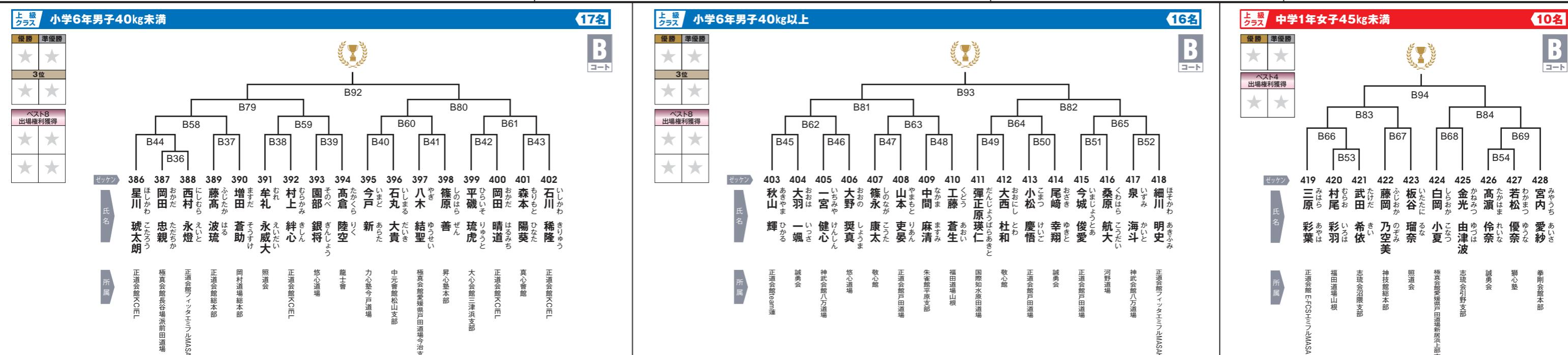
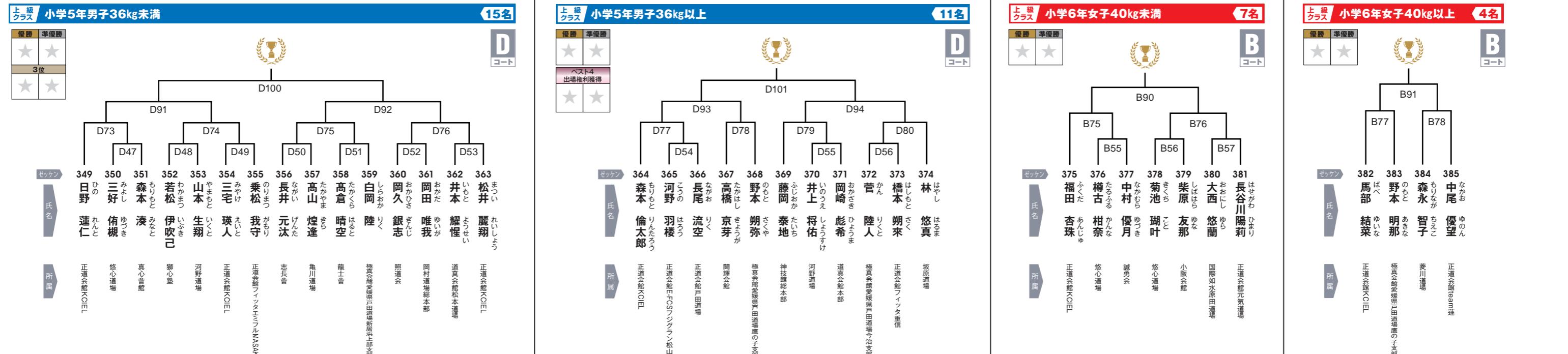
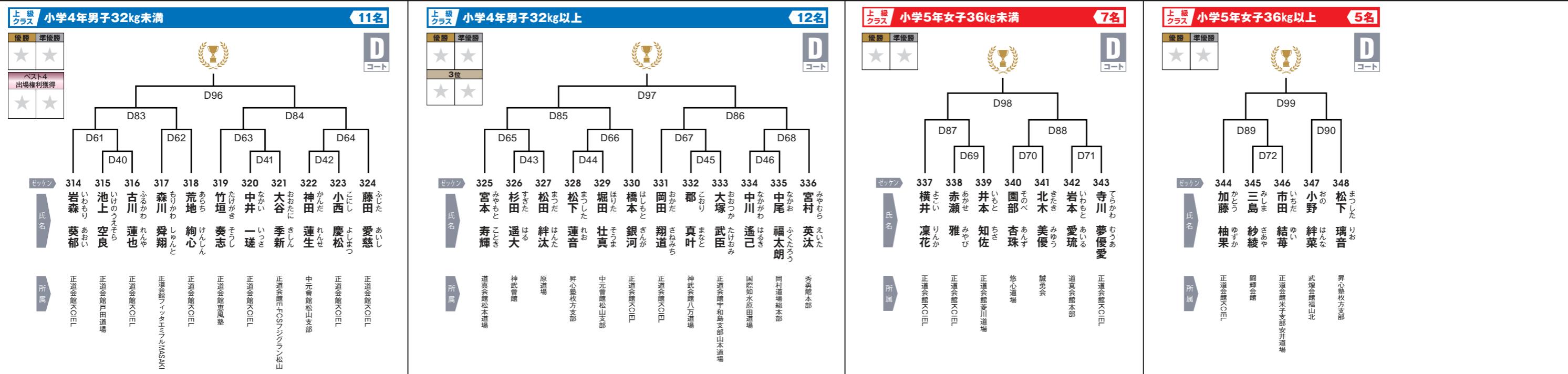


初中級・中級クラス





上級クラス




上級クラス
